|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Syllabus BP | | | | | | | **1ère année** | | | |
| **Matière** | | | | | | | **Cours** | **TD** | **TP** | **Total** |
| **Les matières générales** | | |  |  |  |  |  |  |  |  |
| Langue arabe | |  |  |  |  |  | 60 |  |  | 60 |
| Langue étrangère | |  |  |  |  |  | 60 |  |  | 60 |
| Mathématiques | |  |  |  |  |  | 60 |  |  | 60 |
| Physique |  |  |  |  |  |  | 60 |  |  | 60 |
| Sciences sociales | |  |  |  |  |  | 30 |  |  | 30 |
| Education civique | |  |  |  |  |  | 30 |  |  | 30 |
| Informatique | |  |  |  |  |  |  | 30 |  | 30 |
| Arts plastiques | |  |  |  |  |  | 30 |  |  | 30 |
| **Les fondements scientifiques de la performance motrice** | | | | | |  |  |  |  |  |
| Biologie | | |  |  |  |  | 60 |  |  | 60 |
| Hygiène | |  |  |  |  |  | 30 |  |  | 30 |
| **Aspects pratiques , pédagogiques et didactiques des APS** | | | | | |  |  |  |  |  |
| Sport collectif | |  |  |  |  |  | 10 |  | 50 | 60 |
| Athlétisme | |  |  |  |  |  | 10 |  | 50 | 60 |
| Gymnastique | |  |  |  |  |  | 10 |  | 50 | 60 |
| Sport de raquette | |  |  |  |  |  | 10 |  | 50 | 60 |
| Sport de combat | |  |  |  |  |  | 10 |  | 50 | 60 |
| Préparation physique | |  |  |  |  |  | 10 |  | 50 | 60 |
| **TOTAL** |  |  |  |  |  |  |  |  |  | **810** |
|  | | | | | | |  |  |  |  |  |  |  |